

EMORY TIBETAN MIND/BODY SCIENCES PROGRAM 2016



“Bridging Two Worlds for One Common Humanity”

SUMMER STUDY ABROAD IN INDIA



“As a pre-med student, this program couldn’t have been more enriching and incredible. It opened my eyes to the importance of the mind/body connection and revealed the beautiful and profound culture of Buddhist Tibet and Tibetan medicine.”

—ANNIE, PROGRAM PARTICIPANT



Join Emory University this summer for an in-depth exploration of Tibetan mind-body science. In conjunction with the **Emory-Tibet Science Initiative**, students will participate in the growing dialogue between modern science and the Tibetan Buddhist contemplative tradition.

The program will begin in mid-May and last approximately five weeks. The program will start in **Dharamsala**, situated in the foothills of the Indian Himalayas and home to **His Holiness the 14th Dalai Lama**. Many important institutions preserving the rich but endangered cultural legacy of Tibet such as the Norbulinka Institute, the Library of Tibetan Works and Archives, and Men-Tsee Khang Tibetan Medical Institute are located here as well.

While in Dharamsala, students study meditation, Buddhist philosophy, Tibetan medicine, and the culture of Buddhist Tibet with unparalleled access to local experts, unique sites, and experiential learning. During this portion of the program, students stay at the Sarah Campus of the renowned **Institute of Buddhist Dialectics**, located in beautiful Kangra Valley.

The program then moves to Mundgod, South India, where students reside at the spectacular **Drepung Loseling Monastery**, home to more than 3,000 Tibetan Buddhist monks.

Academic Course Work

- REL331/ANT309R/MESAS390: Culture of Buddhist Tibet
- REL358S/HLTH*: Mind, Medicine, and Healing
- REL370: Buddhist Meditation and Debate

* This course has been approved to be cross-listed with Human Health. Course number not yet assigned.

Faculty

The program is led by Emory faculty member **Geshe Lobsang Tenzin Negi**, a former Tibetan Buddhist monk and one of the few scholars to earn both a Western PhD and the Geshe Lharampa degree, the highest degree available in Tibetan Buddhism. Classes also will be taught by indigenous experts who specialize in Tibetan medicine, culture, philosophy, and meditation.

The program is assisted by two past participants, Marcia Ash (BA in philosophy, neuroscience, and psychology) and Nick Thompson (BS in biology; BA in music). As program assistants, Ash and Thompson will offer academic guidance as well as support throughout the program.

Emory's Close Relationship with the Dalai Lama

In exchange for Emory's commitment to developing and implementing a comprehensive modern science curriculum for Tibetan monks and nuns, the Dalai Lama joined Emory as Presidential Distinguished Professor in 2007. This is the first and only appointment of this kind he has accepted at a Western university. In this role, he often offers a private class to students in the Emory Tibetan Mind/Body Sciences Program. For more information about this appointment and other dimensions of the Emory's relationship with the Dalai Lama, please visit: tibet.emory.edu.

Program Eligibility

This program is open to all majors but is particularly suited to students with academic interests in religion, biology, anthropology, contemplative science, neuroscience and behavioral biology, and psychology. It is open to students in any accredited college or university. For more information or to apply, please visit: cipa.emory.edu/tibetan.

Program Details

Dates: May 17–June 23, 2016

Total Cost: \$11,610 (includes academic fee for 8 credit hours, cultural activities [\$9,160], insurance, room, and three meals a day [\$2,450]).

Deadline: Applications will be accepted on a rolling basis beginning December 15. The application deadline is February 15, but we encourage you to submit your application as early as possible.

Emory Tibetan Studies Program: Spring Term

Emory also offers a spring semester abroad program, where students engage in rigorous academic study, field research, cultural immersion, and contemplative practice. Find more information online at: cipa.emory.edu/tibetan.



“Honestly, every day that I’m here, I’m more and more amazed by the people, the culture, the opportunities that we’ve had . . . to have an audience with the Dalai Lama, to meet all these amazing people. . . . I’m ready to take what I’ve learned and use it—it’s been wonderful.”

—JOJO, PROGRAM PARTICIPANT





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